



# **SALISBURY ATHLETICS CLUB**

## **Little Athlete**

### **BYLAWS AND AWARDS**



#### **1. PERFORMANCE AND AWARDS**

- 1.1 To be eligible to participate in the awards, all athletes (in U6-U17) must partake in 50% of the Salisbury home competitions listed on the official club calendar at time of registration. Three (3) of the competitions **MUST** be after Christmas.
- 1.2 Competition points are awarded to U6 to U17.  
7 points are awarded per Salisbury home competition (as per the calendar). Athletes must have competed in at least 50% of the day's program to obtain competition points (e.g., 3 out of 5 or 6 events).
- 1.3 Competition points will be awarded to those athletes who compete at the State Combined Event Championships.
- 1.4 Competition points can only be scored at Salisbury Athletics Club (SAC) program competitions and SALAA programmed events (ASA or other athletics events are not included for Little Athletics Points).
- 1.5 Athletes can attend an alternate Little Athletics centre meet two (2) times throughout the current season. The athletes' results may be used to qualify for state events and obtain PBs if they have been granted approval and they did not compete at a SAC/SALAA sanctioned event on the same weekend. Athletes/parents must notify the Salisbury recorder in writing ([recorderslac@gmail.com](mailto:recorderslac@gmail.com)) of their intention to attend an alternate club minimum of 3 days prior to the meet, and receive confirmation from the recorder, to be granted approval.
- 1.6 5 Bonus points are awarded each time a State Best Performance is equalled or broken at SALAA events (State Individual Championships and/or State Combined Event Championships).
- 1.7 10 Bonus points are awarded each time an Australian Best Performance is equalled or broken at SALAA events (State Individual Championships and/or State Combined Event Championships)
- 1.8 Athletes will be presented with a medal at the end of year presentations if they satisfy rule 1.1.
- 1.9 Absence: If an athlete is absent from competitions due to injury, illness, or other representative duties (including official trials, training or competitions for athletes representing South Australia in Track and Field including SALAA, SAPSASA or SASSSA) a parent can apply for attendance credit points. Parents must advise the secretary in writing via email ([slacsecretary@gmail.com](mailto:slacsecretary@gmail.com)) or in a letter stating the reason for applying and the dates of absence. If for injury or illness, a doctor's certificate is required as evidence. The application is then reviewed by the club committee for approval of points. Applications should be submitted as soon as possible but will not be accepted later than one (1) month after the absence.



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1.10 Points are allocated as per table below:

<b>Competition</b>	<b>Attendance Points</b>
Salisbury Athletics Club Home Meets	7
Northern Regional Day	20
State Relay Day	10
Personal Best Day	20
State Combined Event	7
Northern Improvers	10
SIC/ State Challenge	10
Any other Meeting (Other clubs, trials etc)	0

## **2. CENTRE RECORDS**

Centre records can be claimed at an official Salisbury Club home or away meet (as per Salisbury Athletics Little Athlete season calendar), special meet or any official SALAA sanctioned championship event during the season only, concluding with the State Championship events.

Correct protocol for claiming centre records must be followed as stated in the guidelines (available in the officials folder and on the Salisbury Athletics Club website) with two (2) club officials signing off after sighting the attempt. Acceptance of any centre record will be raised at the first available Committee Meeting and ratification is at the discretion of the Club Committee. Centre record certificates will be awarded at the first opportunity available.

Centre records CANNOT be claimed for ANY Tiny Tot event, U6 High Jump, U6 Walks, U7 High Jump, U7 Walks and U8 Walks.

The athlete must complete a valid meet (50% of the programmed events) for a record to be considered at a home meet. Centre records cannot be claimed at other centres (unless a Salisbury AC calendared meet), Athletics SA, School Sport or National Little Athletics Meet (ALACs).

## **3. STATE RELAY TEAMS**

Selections: Selection for the relay teams are made by the coaching committee. Coaches are to ensure that athletes are available for the day prior to selection. Track events take priority over field events.

Check-in: Athletes must check in at the Salisbury Area 1 hour prior to every event that they are participating in. If an athlete fails to check in (or notify the event manager) they will be disqualified from all events registered in for relay day and the events will be allocated to the reserve athlete

Criteria: The coaches will use the two fastest times of each athlete as recorded at a SAC programmed competition.



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Team Members: Athletes must have competed in at least three (3) SAC programmed events. An athlete from U9 to U16 may be promoted to the next age group to make up numbers. The best team available will be selected.

#### **4. STATE INDIVIDUAL CHAMPIONSHIPS**

A trophy will be presented to the athlete/s who attend and compete at the State Individual Championships for the first time as a Salisbury Athletic Club athlete. All athletes that compete at the State Individual Championships will receive a performance certificate detailing their achievement in each event.

#### **5. STATE CROSS COUNTRY CHAMPIONSHIPS/WINTER RACE WALKING**

All athletes will receive a trophy if they compete at the State Cross Country or the Winter Race Walking Championships from the club. All athletes that competed in 2 or more events (at either cross country or race walking) but did not attend the championships will receive a medal.

#### **6. NORTHERN REGION IMPROVERS**

All athletes who compete receive a performance certificate. Tiny Tots to U8 age groups receive a participation medal on successful completion of all their programmed events. Points are allocated based on medals achieved in the U9-U18 Age Groups with 3 or more athletes entered. The boy & girl athletes who accumulate the most points on the day are awarded a trophy and perpetual shield by the Northern Regional Organising Committee. Any athlete who achieves 4 PB's on the day will receive a trophy from Salisbury Athletics Club with all other medals being issued by the Northern Regional Organising Council on the day.

#### **7. STATE COMBINED EVENT CHAMPIONSHIPS**

Athletes are presented medals for the top 3 overall place getters by SALAA on the day.

#### **8. STATE AND AUSTRALIAN BEST PERFORMANCE TROPHIES**

Athletes achieving or equalling a State or Australian Best Performance will receive a trophy for each performance.

#### **9. IMPROVEMENT/PERSONAL BEST CERTIFICATES**

Improvements (PBs) are achieved at SAC programmed events; one point per improvement per event. Certificates are different colours depending on the Personal Best obtained.

The improvement certificate colours are as per table below:

Green	10 Improvements
Red	15 Improvements
Blue	20 Improvements
Bronze	25 Improvements



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Silver	30 Improvements
Gold	35 or more Improvements

Athletes attending other centres can obtain PB's as per bylaw 1.5.

Tiny Tots receive an attendance certificate for the number of meets they have attended in set increments, i.e., 5,10,15,20. A trophy will be awarded to the athlete/s who are the first to achieve 10 PB's.

Manual Adjustments to PBs by the club recorder: There are times where the recorder may need to manually change an athlete's PB tally during or at the end of the season. These include but are not limited to: PBs achieved at Relay Day (these are not valid and don't count in the tally) and when an athlete achieves 2 PB's in the same event at the same competition (e.g., 1 in the heat and 1 in the final). Only the PB achieved in the final will count and the second will be manually removed. These adjustments may not be reflected in the results HQ, if there are any queries, please see the recorder.

#### **10. STATE TEAM**

Athletes selected in the state team are eligible to apply for a donation from the club, amount agreed upon by the current committee, to assist with costs involved in state representation. A letter of consideration should be presented to the committee by the athlete to be eligible.

#### **11. STATE TEAM MEETS**

Competition points are awarded if the meet clashes with the Salisbury calendar.

#### **12. POINTS SYSTEM**

Points will not be awarded until an athlete is registered. Come and Try Athletes must fully register within 24 hours of their most recent session for the points/attempts recorded that day to count. The performance award points are recorded from U6 to U17.

#### **13. AUSTRALIA DAY CUP**

A combined event will be held in place of Australia Day Hurdles with points being counted from events held that day, jumps, throws and runs. For the races, two (2) athletes from each club must compete in the first heat race of each age group, as points are awarded for this heat only, with all other athletes in remaining heats. Points are tallied by the hosting club and the winning clubs are awarded trophies accordingly. More information and updates will be added closer to the event.

#### **14. TROY FRANKLIN AWARD (PERPETUAL)**

Awarded to the most successful athlete/s in the U9 to U13 age groups who competed at the State Individual Championships. The athlete/s will receive an accompanying personal trophy.

Points assigned per medal are as follows:



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Gold Medal	4 points
Silver Medal	2 points
Bronze Medal	1 point
State Best Performance*	5 points
Australian Best Performance*	10 points

\*(equalled or beaten)

### **15. MAYOR'S TROPHY**

Awarded to the most Improved U7 Girl and U7 Boy for the season. One (1) point is awarded for each improvement per event. In the event of a tie, more than one trophy will be awarded. Athlete/s will receive an accompanying personal trophy.

### **16. MOST IMPROVED TROPHY**

The trophy for most improvements is awarded to one (1) athlete in each age group. The athlete must have achieved at least 10PBs to be eligible.

There will be a Junior (U6-U10) and Senior (U11 up) individual trophy and perpetual award for the athlete who has achieved the most improvements in the corresponding categories.

### **17. ALL ROUND AGE GROUP CHAMPION ATHLETE TROPHY**

Age Group All Round Champion Athlete Trophies will be presented to the top three (3) athletes, both boys and girls in each age group from U6 to U17 and are performance based.

To be eligible the athlete must be fully registered by December 1<sup>st</sup>, participate in 50% of sanctioned home competitions from time of registration, with a minimum of 3 either side of the mid-season break in December/January.

The athlete's best performance in each event is taken from results HQ. Each performance is then allocated points, in accordance with the points chart, and the event points are then totalled and checked. (This points chart is available from the Recorder upon request.)

The athlete with the highest total will be the Age Group All Round Champion. The runner up and third place are also awarded and in the event of a tie for the top 3 places, extra trophies will be awarded.

### **18. COACHES AWARD**

This award is presented to an Athlete from the coaches for the season for outstanding dedication and commitment.

The coaches nominate athletes based on a set criteria. An independent appointed committee shall meet and decide the recipient/s from these nominations.



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### **19. HOT/INCLEMENT WEATHER POLICY**

Training (HEAT): Training will be cancelled for Little Athletes on the days when the temperature on BOM Parafield at 3pm is predicted to be 35 degrees or more. Notification will be posted on social media formats. The decision is at the discretion of the committee with the safety of the athletes in mind.

Competition (HEAT): If the forecast for Saturday's home competition is forecasted to be between 35 and 38 degrees at Parafield on BOM at 5pm Friday night, then the program will be modified at the discretion of the Arena Manager. If the temperature is forecasted to be 39 degrees or more, the competition will be cancelled.

Inclement Weather: Salisbury Athletics club follows the SALAA Extreme Weather Standards for any other inclement weather. These can be found on the SALAA website here: <https://salaa.org.au/policies/>. All decisions will be made at the discretion of the committee with the safety of the athletes in mind and notification will be posted on social media formats as soon as possible.

### **20. CENTRE CAPTAINS**

Centre Captains must be elected before the official season opening. Captains and Vice/Junior Captains are selected from the U12 to U17 age group elected by vote at a centre committee meeting. Applications may be submitted as a letter or video and sent to the committee via the President or Secretary. The committee may appoint up to two (2) Captains and two (2) Vice/Junior captains. Athletes must have completed a minimum of one full year's registration at the club prior to application.

### **21. POLICE CHECK/WORKING WITH CHILDREN'S CHECK**

All committee members, coaches, and anyone over the age of 14 who regularly volunteers with the athletes are required to obtain a Working with Children Check (WWCC) as per SALAA requirements. All parents are strongly encouraged to obtain a volunteer WWCC by SALAA. This is at no cost to the individual.

The President, Vice President, Treasurer and Head Coach must also have a current valid National Police Clearance (NPC).

### **22. CHANGES TO THE BYLAWS**

Changes to these bylaws can be made at committee level and are designed to give the athletes the best possible outcome to succeed.